## FOR IMMEDIATE RELEASE

DATE: March 8, 3032

TO: Door County Area Media

FROM: League of Women Voters of Door County

CONTACT: Susan Kohout, 920 743-1527

## Door County League presents "Focus on Youth Mental Health: Are our children at risk?"

The fifth event of the League of Women Voters of Door County's Eileen Bohn Speaker Series will take place on Thursday, March 23 at 5:30 PM at Crossroads at Big Creek in Sturgeon Bay. The title of the event is "Focus on Youth Mental Health: Are our children at risk?"

During the presentation about the health and well-being of Door County's youth, a panel will delve into the results of a recent survey of middle and high school students and programs available that focus on mental health and smarter, healthier lifestyles.

Panelists will include:

- <u>Public Health Educator Shauna Blackledge</u> who will present the results of the 2021 Youth Risk Behavior Survey.
- <u>United Way Community Impact Coordinator of Health Cami Peggar</u> will present
  - The STRIDE Program. This Door County Collaborative School Mental Health Project is a United Way program created in 2018 to remove barriers to accessing quality mental health care for Door County youth. The collaborative offers on-site mental health services in all five Door County school districts.
  - Other county-based mental health programming for youth.
- <u>Juvenile Diversion Program Coordinator Kelsey Christianson</u> will present the county's Juvenile Diversion Program.
- <u>STRIDE Provider Ally Bretl</u> from the Door County Medical Center will discuss her work as a therapist in the Sturgeon Bay and Algoma schools.

The Eileen Bohn Speaker Series was established by her family in 2016. After her death, they generously created a fund in her memory to provide quality programs in the county each year to talk on topics of importance to the League. Eileen was very committed to a wide range of issues and worked hard over the years to promote good government.

Join us! In person, via live streaming on the <u>Youtube.com/@lwvdoorcounty</u>, or afterward by viewing our video recording on our website <u>www.lwvdoorcountyorg</u>, on Facebook, or find in on our Education playlist on Youtube at <u>https://www.youtube.com/@lwvdoorcounty/playlists</u>.

Watch for further details in the media and League website: <u>http://www.leagueofwomenvotersdoorcounty.org/</u>

END